

Chores by Age

2-3 years (with supervision)

Put toys away

Feed the pets

Put laundry in a hamper

Help dust or wipe up spills

Stack books/magazines

Throw trash away

Help set the table/bring plates to the sink

Pick out diapers and wipes

4-5 years

Make their bed

Tidy their room

Clear the table

Prepare simple snacks

Help pull weeds

Water flowers and plants

Put away clean utensils

Help bring in light groceries

Sort laundry into whites and colors

Match socks together

Clean pet's food and water dishes



6-9 years

Sweep floors

Help make their lunch

Help rake leaves

Help put away groceries

Replace toilet paper rolls

Load the dishwasher

Vacuum

Help with dinner

Make their own breakfast or snacks

Wipe off table

Put away their laundry

Walk the dog with supervision

Help Mop/Swiffer

Empty waste/recycling bins

Chores by Age

10-13 years

- Wash dishes and load the dishwasher independently
- Prepare simple meals
- Can begin doing their own laundry
- Take out the trash
- Babysit younger siblings with parents at home
- Tidy bathroom
- Spot clean kitchen after dinner
- Bring in mail



14+ years

- Wash and vacuum car
- Trim hedges
- Mow lawn
- Shop with a grocery list
- Cook dinner
- Bake
- Help with simple repairs
- Watch younger siblings
- Help deep clean kitchen
- Help deep clean bathroom
- Care for pets independently

